



Shift to RICHES™

RICHsheet

“I commit to _____”



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From Bernadette Boas,

Congratulations on getting started on the road to a RICH Life by joining our Shift to RICHES™ program.

The objective of the Shift to Riches™ program is to provide you the tips, techniques, best practices and lessons learned that will compel you to excel in taking your business and your life to the next level by driving change and delivering significant results.

Each of the sessions within any of our programs will give you specific actions and take-aways that you can use in your business and life TODAY!

That is a very important requirement of this program. We are not successful unless you are. We want the time you spend with us to be valuable and full of new ideas, concepts and strategies you can implement right away, so you can begin to reap the benefits, results and RICHES you desire.

But first, make a commitment today to yourself, your team, your business and your life to see whatever program you participate in to the very end. You deserve it and so do they.

The following RICHsheet is one of many tools, resources and support, you will receive throughout the Shift to Riches™ Series within the Shedding the Bitch® movement. Whether you are participating in our webinars, coaching programs or Bitch events, these programs are designed for you and by you.

If you are not already a RICHie Club community member, join now so you can access all of the tips, RICHsheets, videos, articles and more, which are exclusive to our Club members – and take the pledge to YOU to shift from bitch to RICH.....at <http://sheddingthebitch.com>

For more information on our company we invite you to visit our website at:
<http://www.sheddingthebitch.com>.

It is my personal guarantee to help you **SUCCEED!**

Please let me know if you have feedback, ideas or concerns. I want to hear from you.

Want a ball of fire to speak at your next event/ business meeting? Contact Media Relations at 404-997-8074



RICHsheet – “Three Feet Away Checklist”

Have you ever got so frustrated and discouraged pursuing a dream that you just want to give it all up. Right then and there? Have you questioned yourself by asking “Am I almost there?” and felt a rumble in your belly that said...”You are just three feet away, keep going!”

Here are some things to consider about your life, your dreams, and your ABILITY to achieve those dreams...because, remember: *‘THE DIFFERENCE BETWEEN A DREAM AND A GOAL – A DREAM IS JUST A DREAM UNTIL IT IS WRITTEN DOWN. ONLY THEN DOES IT BECOME A GOAL’*, from the book: Three Feet from Gold

Assess for yourself if you have or have acted on the following in order for you to achieve your DREAMS, and not quit 5 minutes or 3 feet before the miracles happen.

<u>CHECKLIST</u>	YES	NO
DREAMS are written down, therefore are GOALS	_____	_____
I understand my BIG WHY for achieving my goals	_____	_____
Daily To Do’s are defined to achieve GOALS	_____	_____
Measurements for success are clearly defined	_____	_____
I act on my goals and To Do’s each and every day	_____	_____
Mentors and coaches are engaged with me	_____	_____
I have a support system around me	_____	_____
Daily affirmations, readings, prayers, etc. are defined	_____	_____
I have a clear strategy for handling ‘failures’	_____	_____
I document lessons learned from each failure	_____	_____
I have tools to maintain a Positive Mental Attitude (PMA)	_____	_____
I ‘Act as if’ I have already achieved my goals	_____	_____

If the majority of your responses are YES, you are on your way to great success.

If the majority of your responses are NO, you have the opportunity to shift your focus and to avoid missing your dreams just three feet from gold!!!!



REMEMBER: *“We are always flowing either toward or away from any goal we give ourselves. The direction we choose is up to us.”* From Three Feet from Gold

You can buy Three Feet from Gold, by Greg S. Reid and Sharon L. Lechter everywhere NOW!

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